

2428/302

COUNSELLING PSYCHOLOGY, SOCIAL  
REHABILITATION AND REINTEGRATION

Oct./Nov. 2021

Time: 3 hours



THE KENYA NATIONAL EXAMINATIONS COUNCIL

DIPLOMA IN SOCIAL WORK AND COMMUNITY DEVELOPMENT  
(SOCIAL WORK OPTION)

MODULE III

COUNSELLING PSYCHOLOGY, SOCIAL REHABILITATION  
AND REINTEGRATION

3 hours

**INSTRUCTIONS TO CANDIDATES**

*This paper consists of EIGHT questions in TWO sections; A and B.  
Answer FIVE questions in the answer booklet provided as shown below:  
any TWO questions from section A;  
any TWO questions from section B;  
any other ONE question from either section A or B.  
All questions carry equal marks.  
Maximum marks for each part of a question are as indicated.  
Candidates should answer the questions in English.*

**This paper consists of 3 printed pages.**

**Candidates should check the question paper to ascertain that  
all the pages are printed as indicated and that no questions are missing.**

## SECTION A: COUNSELLING PSYCHOLOGY

*Answer at least TWO questions from this section.*

1. (a) Distinguish between the terms 'guidance' and 'counselling'. (10 marks)
- (b) Explain **five** techniques used in counselling for social work. (10 marks)
2. (a) Analyze **five** communication challenges that may be experienced in counselling. (10 marks)
- (b) Highlight **five** reasons why "touch" should be used with lots of caution during a counselling session. (10 marks)
3. (a) Explain **five** qualities of a counsellor that may enhance a counselling relationship. (10 marks)
- (b) Outline the first **five** stages of developing a society counselling programme. (10 marks)
4. (a) Describe **six** counselling skills that may be used during the exploration stage. (12 marks)
- (b) Outline **four** ways a counsellor may react when faced with each of the following challenges:
  - (i) if a counsellee threatens to commit suicide; (4 marks)
  - (ii) when a counsellee breaks into tears. (4 marks)

**SECTION B: SOCIAL REHABILITATION AND RE-INTEGRATION**

*Answer at least TWO questions from this section.*

5. (a) (i) Explain the meaning of the concept 'social rehabilitation'. (2 marks)
- (ii) Highlight **four** ways of raising the self esteem of a child who experiences epileptic attacks. (8 marks)
- (b) Outline **five** cultural beliefs that have influenced peoples' attitudes towards disability. (10 marks)
6. (a) Explain **five** effects of teenage pregnancy. (10 marks)
- (b) Highlight **five** ways of assisting hearing impaired children to function independently. (10 marks)
7. (a) Explain **five** factors that have influenced society's positive attitude towards disability. (10 marks)
- (b) Analyze **five** ways people are "disabled" by the society according to social model of disability. (10 marks)
8. (a) (I) Explain the meaning of the term 'personality deviation'. (2 marks)
- (II) Describe each of the following personality disorders:
- (i) antisocial; (2 marks)
- (ii) borderline; (2 marks)
- (iii) avoidant; (2 marks)
- (iv) schizoid. (2 marks)
- (b) Highlight **five** effects of incest on a young woman. (10 marks)

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